

CSA SURF SAFETY GUIDELINE

Participants new to CSA

All participants new to CS will be asked to reveal their surf competency. If the participant is under 18 and new to the sport of surfing then they will be asked to complete a swim test.

Start of surf day

- The surf coordinator will assess the conditions/weather to determine if surfing is safe to do. The location and conditions must be suitable for everyone.
- All participants are encouraged to be aware of safety for everyone.
- All participants will be asked to cover their faces in zinc or suncream or wear a hat in the surf.
- All participants will be encouraged to keep hydrated during a day in the sun.
- It will be communicated to the group who the people with Senior First Aid and Surf Rescue Certificates are should anyone need assistance.
- The surf coordinator will make sure that a first aid kit is at all surf events.

Surf risks

- At the beginning of a surf day – the surf coordinator will outline the risks seen and known at the surf spot. If unsafe, a more suitable location will be determined.
- Risks that need to be outlined are for example, rips, undercurrents, submerged rocks etc.
- A surfing risk assessment must be completed by the Surf Coordinator.

Buddy system

- For younger and/or more inexperienced surfers, they will be allocated a buddy. This person is someone who is competent in the water and in their surf skills.
- The buddy can have up to 3 surfers they are overseeing if they have intermediate abilities.
- If all the surfers are competent and very experienced the ratio for buddy to surfer can be 1:4

Injury Response

- In the event of an injury, the Senior First Aid person will be immediately be notified.
- First Aid will be given to the injured person to the best of their ability, and ambulance will be called if the injured person needs extra assistance.
- An Incident Report will be filled in by the Surf Coordinator